



Congratulations on the birth of your child.

The Hamasuku File is like an "Upbringing Diary" that records your child's はますくファイルには、おうさんの成長の様子を記録していく「子育で日記」的な活用方法と同時に、 Conditions in development and at the same time, the child's guardians and REBES, REBERGE REBERG REBERG REBERG REBERG REBERG REBERG REBERG REB institutions relating to health, medical treatment, welfare and education etc., ともに活用できるようにする「サポートファイル」としての役割があります。 record information regarding the child's development. Altogether this applies the role of a "Support File".

Would you like to try and make use of the Hamasuku File, and have fun raising your kids with the various other people around you?

Then, as this file is filled with everyone's memories and the footsteps of the そして、お子さんが成長したときに、皆さんの思いと成長の足跡が詰まったファイルをフレゼントするのも良いかもしれませんね。 child's growth, it may also be nice to give the file as a present at a later date.

こんなふうに使ってみよう!

🚓 🚵 Let's try to use the file like this 🦀 🦝

Try these things:

- O Profile
- A day in the life
- A day in school/kindergarten
- Medical exam results/

- At home
- Kindergarten or school or institution etc.
- Medical facility
- O Consultation facility etc.

At these places

At these times

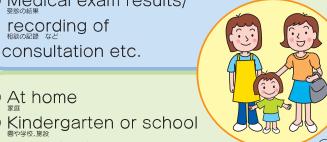
- O Your child's birthday
- After having medical examinations
- O Consultation at school or kindergarten
 - O Visits of children's social workers, chief children's social workers etc.
 - Entry recording
 - Medical exam results
 - Related documents
- Materials distributed by schools/nurseries etc.

Together...

(Other)

- · Make practical use of your Mother and Child Health Handbook.
- · It is not necessary to fill in everything, so just fill in necessary items *** すべて記入する必要はないので、必要な特に必要なところを記入しましょう。 when necessary.
- ·Related institutions protect your personal privacy; please handle vour information with care.
- · If you run out of pages in this file, you can photocopy some or 用紙が定りない場合はコピーしたり、浜松市ホームページから様式をダウンロードしたりしましょう。 download more from the Hamamatsu City homepage.





The origin of the child's name and message

The child's name

The origin of the name

(the parents wish) (親のねがい)

A message for the child

お子さんへのメッセーシ



Let's try cut out 写真を切り取って photographs and stick them in





🗱 🧩 😘 😘 Hamasuku File Contents 🏚 🖈 😽 🧩 🏂









Profile

Affiliation history 所属 (施設・保育圏・幼稚園・学校など) の履歴

(Institution/Nursery School/Kindergarten/School etc.)

3 Conditions during infancy

(1 month/3 months/7 months/10 months/1 year 2 months/1 year 6 months/2 years/(1か月-3か月-7か月-10か月-1歳2か月-2歳頃-3歳頃-4歳頃-5歳頃) 3 years/4 years/5 years)

- 4 Condition during day care center (nursery)/Kindergarten/Institution attendance etc.
- 5 ◆ Condition during school entering periods (Elementary school/junior high school/ 就学期 (小学校、中学校、高校など) の様子 senior high school)
- 6 Upbringing records
- 7 Consultation and support records
- 8 **+**Doctor (family doctor) records お医者さん (かかりつけ医) の記録
- 9 Medical examination records
- 10

 Memory files
- Support map

※ The marks next to numbers like♥ etc. are marks which help make pages easier to find.

